

Level 3 Diploma  
**Youth Work  
Practice  
(England)**



# Hello!

Youth work helps young people to learn about themselves, others and society through informal activities that involve enjoyment, challenge, and learning. Youth work offers safe spaces for young people to explore their identity, increase confidence, and build skills for their future.

Although many professionals work with young people, only in youth work is it the choice of the young person to engage with the professional. For many young people their youth worker is a lifeline, the only person they can talk to and the only place they can really be themselves.

Youth workers offer consistent and impactful support that stays with young people throughout their lives. They often become role models who empower, inspire, and teach young people to make informed decisions and take responsibility.

Alongside traditional centre-based youth work, today's youth workers are as likely to find themselves outdoors running adventure activities or in communities, or based in a hospital, school or even a prison.



# Qualification



The Level 3 Diploma in Youth Work Practice (England) prepares you to lead work with young people in a range of youth work settings and specialise in subjects that are particularly relevant to you or your work.

The qualification has been developed with industry experts, including the National Youth Agency. This qualification embraces the National Occupational Standards for youth work and is JNC recognised.

The Level 3 Diploma in Youth Work Practice (England) is for employees who deliver operational youth work and who undertake duties on their own initiative or who carry supervisory responsibility for small projects, such as one night a week clubs.

<b>Duration</b>	12 months
<b>Workshops</b>	12 workshops delivered monthly
<b>Minimum age</b>	16
<b>Workplace requirements</b>	Learners will undertake 80 hours of work experience in a youth work environment paid or unpaid throughout their learning journey. Learners must have access to a real work environment for most of the units.
<b>Assessment</b>	The Diploma is assessed by a series of tasks which you will build into a portfolio as the course progresses, making it ideal for you if you do not want to take formal examinations.
<b>Notes</b>	Employers are strongly encouraged to also offer CPD using the Level 3 Diploma in Youth Work Practice (England).  CPD applied in this way can support those employees wishing to pursue a career pathway in youth work and facilitate transition to professional qualification programmes provided through Higher Education.

# Progression

There are several routes into youth work, and a number of qualifications available at different levels. Logical Training offer courses from Level 2 to Level 4, supporting learners at all stages in their career.

Learners may consider progressing onto the Level 4 Certificate in Professional Development (Youth Work).

The Level 3 Diploma in Youth Work Practice (England) is also widely recognised as the access route to the BA (Hons) Higher Education programmes.



# Units

To achieve the qualification, you must complete 8 mandatory units and gain at least 12 credits from 4-6 optional units.

## Mandatory Units

### Unit 1: Theory of Youth Work

This unit develops understanding of the key principles of youth work and the different models of youth work delivery. You will also explore the skills, knowledge, qualities, and values required to practice as a youth support worker.

### Unit 2: Safeguarding in a Youth Work Setting

This unit explores the importance of safeguarding policies and procedures in providing a safe environment for young people. You will understand how youth work can help protect young people and be able to assess risk in a youth work setting.

### Unit 3: Young People's Development

This unit develops understanding of how young people develop during adolescence and how this impacts on youth work.

### Unit 4: Engaging and Communicating with Young People

This unit develops understanding of the different ways of engaging with young people and the importance of building professional relationships. You will be able to communicate effectively and appropriately with young people and support them in engaging with the local community.

### Unit 5: Group Work within a Youth Work Setting

This unit develops understanding of the importance of group membership, the structures groups take and the stages they go through. You will be able to use group work theory with a group of young people and work effectively within a group activity.

### Unit 6: Working with Behaviour that Challenges in a Youth Work Setting

This unit explores what is meant by conflict and behaviour that challenges. You will develop understanding of how to deescalate conflict and behaviour that challenges in youth work settings and the role of feedback in relation to changed behaviour in a youth work setting.

## Unit 7: Work-Based Practice in Youth Work

In this unit, you will apply the principles and practice of participation and empowerment to plan a youth work programme. You will deliver and evaluate a youth work programme and reflect on your own practice.

## Unit 8: Reflective Practice in a Youth Work Setting

This unit develops understanding of the principles of reflective practice and your ability to use reflective practice in youth work.

### Selecting Your Optional Units

The Level 3 Diploma in Youth Work Practice (England) requires you to select from a range of optional units. The units selected must have a minimum total credit value of 12.

To support our learners, we have grouped some the optional units that sit well together to create 3 different themes. Each theme carries a total credit value of 12 and is made of units that can help provide additional context and insight when studied together.

The full list of optional units are listed in the qualification guide [here](#).

### Theme 1

#### Unit 1: Detached and Outreach Youth Work (L/617/9799)

*6 credits      20 guided learning hours*

This unit outlines understanding, knowledge and skills relating to the practice of detached and outreach youth work. As part of this unit, you will create, implement, and review a plan for detached and outreach youth work.

To study this unit, you must have access to a real detached or outreach work environment.

#### Unit 2: Support Young People who are not in Employment, Education or Training or that have been Excluded from School (A/617/9846)

*2 credits      10 guided learning hours*

This unit explores the issues affecting young people who are not in employment, education or training or have been excluded from school and methods that can be used to support them. Poverty.

## **Unit 3: Facilitating Youth Trips and Residential (DC) (M/617/9858)**

*4 credits      18 guided learning hours*

This unit explores the benefits, legislation, and safeguarding requirements for youth trips and residential. As part of this unit, you will plan, facilitate, and review a youth trip or residential.

### **Theme 2**

## **Unit 1: Understand how Youth Work can Support Young People's Mental Health and Wellbeing (L/617/9852)**

*2 credits      12 guided learning hours*

This unit explores the issues affecting young people's mental health and wellbeing and the frameworks and approaches that can support young people.

## **Unit 2: Understand how Youth Work can Support Young People who are Experiencing Poverty (R/617/9853)**

*3 credits      12 guided learning hours*

This unit explores how poverty may impact young people's development and how youth work can support young people experiencing poverty.

## **Unit 3: Supporting Young People with Disabilities and Additional Learning Needs within a Youth Work Setting (T/617/9876)**

*3 credits      20 guided learning hours*

This unit explores the needs and rights of young people with disabilities and/or diverse learning needs and the methods that can be used to support them.

## **Unit 4: Support Young People's Transition to Independence (H/617/9792)**

*2 credits      12 guided learning hours*

This unit explores the way that young people move from dependence to independence and how youth workers can prepare them for this.

## **Unit 5: Referrals and Signposting in Youth Work Settings (H/617/9842)**

*2 credits      10 guided learning hours*

This unit explores how youth work supports the referral of young people and the options that are available.

## Theme 3

### **Unit 1: Trauma Informed Approaches to Youth Work (L/617/9883)**

*4 credits      25 guided learning hours*

This unit explores the effects of trauma and how trauma-informed practice can be used to encourage development of resilience and self-esteem.

### **Unit 2: Understand how Youth Work can Support Young People Who Misuse Substances (D/617/9855)**

*3 credits      20 guided learning hours*

This unit explores substance misuse and its impact on young people and the youth work provision, including the boundaries that youth workers must apply in this field.

### **Unit 3: Work with Young People to Reduce Involvement in and Impact of Youth Violence, Criminal Activities and Exploitation (J/617/9848)**

*3 credits      15 guided learning hours*

This unit explores the underlying issues contributing to involvement in violence and crime and frameworks and approaches that can help young people.

### **Unit 4: Support Young People who are not in Employment, Education or Training or that have been Excluded from School (A/617/9846)**

*2 credits      10 guided learning hours*

This unit explores the issues affecting young people who are not in employment, education or training or have been excluded from school and methods that can be used to support them.





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